**Six Steps to Effective Paraphrasing**

1. Reread the original passage until you understand its full meaning. You can’t paraphrase what you don’t understand.
2. Set the original aside, and write your paraphrase on a note card.
3. Jot down a few words below your paraphrase to remind you later how you envision using this material. At the top of the note card, write a key word or phrase to indicate the subject of your paraphrase.
4. Check your version with the original to make sure that your version accurately expresses all the essential information in a new form.
5. Use quotation marks to identify any unique term or phraseology you have borrowed exactly from the source.
6. Record the source (including the page) on your note card so that you can credit it easily if you decide to incorporate the material into your paper.

**Example**

**Original Passage:**

Students frequently overuse direct quotation in taking notes, and as a result they overuse quotations in the final [research] paper. Probably only about 10% of your final manuscript should appear as directly quoted matter. Therefore, you should strive to limit the amount of exact transcribing of source material while taking notes.

Lester, James D. *Writing Research Papers*. 2nd ed. (1976): 4647.

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| **A Legitimate Paraphrase:**In research papers students often quote excessively, failing to keep quoted material down to a desirable level. Since the problem usually originates during note taking, it is essential to minimize the material recorded verbatim (Lester 4647). | **An Acceptable Summary:**Students should take just a few notes in direct quotation from sources to help minimize the amount of quoted material in a research paper (Lester 4647). |
| **A Plagiarized Version:**Students often use too many direct quotations when they take notes, resulting in too many of them in the final research paper. In fact, probably only about 10% of the final copy should consist of directly quoted material. So it is important to limit the amount of source material copied while taking notes. |